

Autism event teach communities how to talk to and with autistic people

Students give tips for coping with the influx of stress during midterms



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# DAILY SUNDIAL

CALIFORNIA STATE UNIVERSITY, NORTHRIDGE

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## ARE YOU PREPARED FOR THE BIG ONE?



MICHAEL ARVIZU / DAILY SUNDIAL

CSUN students participate in the Great California ShakeOut on Friday. The ShakeOut simulated the effects of a major earthquake and provided an opportunity for people to find out how to better prepare for a major disaster.

ShakeOut prepares students for the "Big One," a massive earthquake that is predicted to take place in the coming years

**MICHAEL ARVIZU**  
CONTRIBUTOR

**A** IMAGINE THIS: A LATE AFTERNOON math class is taking place in Sierra Hall. It is midterm day, and as students ponder the solution to the next question on the test, the third story of Sierra Hall floor starts moving beneath their desks.

A magnitude 7 earthquake, centered in the Salton Sea about 100 miles south of campus, is in progress. The quake's S-waves and P-waves are rumbling their way through the Los Angeles basin, toppling infrastructure and creating chaos.

What should the students do? Run out of the classroom? Seek refuge underneath a doorway? Assume a fetal position out in the hallway? Or stay where they are and seek cover underneath the sturdiest thing they can find?

Thursday morning's nationwide Great ShakeOut earthquake drill attempted to provide the CSUN community with infor-

mation on how to best prepare before and during an earthquake, as well as tips on how to stay safe in the hours following the disaster.

Equipped with a bullhorn and donning a reflective safety vest, CSUN geology professor Doug Yule, at precisely 10:17 a.m., announced to the ShakeOut participants gathered in Sierra Quad that a massive earthquake, centered in the Salton Sea about 100 miles south of campus, had just begun. In seconds, the quake's waves would reach Northridge.

"The chief goal [of the ShakeOut] is to promote awareness and earthquake preparation for the inevitable large earthquake," said Yule, referring to the so-called Big One. "It's not a question of if, but when."

All were instructed to drop to the ground, seek cover, and hold on as the temblor made its way through the area.

"I am a little bit nervous, because it could happen any time," said Ky Tran, a communications major. "What I'm learning now is to be prepared — a lot. I haven't prepared anything yet. If it happened right now, I'd be dead."

The Great ShakeOut is a nationwide earthquake drill that began in 2008. The

drill is open to people in homes, schools and organizations.

CSUN student Sean Klein, a geo-physics major said drop, cover, and hold are the three main components of getting through an earthquake. Klein said the biggest mistake people make during an earthquake is not seeking cover right away.

"You need to get under a safe table, something hard," he said. "Don't go under a doorway. Drop and cover. Don't run around screaming."

The Big One, Yule said, has been forecast for decades. It is predicted to measure at least a seven or eight on the Richter scale, and will rupture a massive swath of California's notorious San Andreas Fault, which begins at the Mexican border and stretches north for about 800 miles.

The monster quake, Yule said, is predicted to be much larger than any previous temblor in California so far this century. To put it into perspective, it would take at least 50 6.7-magnitude Northridge earthquakes to equal the power of the Big One. The last earthquake to be considered a Big One struck San Francisco in 1906. It is known as the Great San Francisco Earthquake.

Yule likens earthquakes to the disaster experienced in New Orleans during Hurricane Katrina. The residents of New Orleans knew the hurricane was coming, Yule said, yet most were caught unprepared.

"We knew the hurricane would come in and overtop levies," he said. "It was no secret. People chose not to prepare and they paid a heavy price. Our Katrina moment is waiting to happen. Do you want to ... somehow think you'll get through it, or do you want to take steps to prepare?"

And California is way overdue for the next Big One, Yule said.

"If you were to compile a top three list of likely sources of damaging earthquakes, the San Andreas fault is in that top three," he said. "I know there's a little bit of a cry wolf syndrome, but it's a question of do you want to prepare now or react after."

Although most who participated in the ShakeOut saw the drill as a rare excuse to spontaneously hit the ground, the reality is, most people don't know what to do to protect themselves during an earthquake, Yule said.

"I know it's starting to sound like a

See **EARTHQUAKE**, page 7



# Walk alongside a Matador Patrolman

**ABIGAELE LEVRAY**  
DAILY SUNDIAL

WHEN SPENDING hours upon hours in the Oviatt library, it is easy to lose track of time and stay late. But before anyone ventures across the darkened campus of CSUN, chances are they will run into a few people in some sporty red windbreakers - the Matador Patrol.

Among them is Peter Sanchez, a 21-year-old junior majoring in criminology. He has been working for the Matador Patrol for just under three years.

"I wanted to be a CSA because I wanted to be part of the community," Sanchez said. "Everyone's a part of the campus community in some way. Through A.S. or the greek system...I just wanted to give back to [the community] and be a part of it, making sure it was safer for not only for myself, but for other students as well."

Sanchez started out as an escort and is now an assistant coordinator for the Community Service Assistants (CSAs).

Given the recent crime reports around campus CSUN students can rest easy and walk safely with the free cam-



TREVOR STAMP / DAILY SUNDIAL

Peter Sanchez, 21, a junior criminology major, and coordinator for Community Service Assistants, is a member of the Matador Patrol, a volunteer service that escorts students walking around the campus at night.

pus escort service.

Matador Patrol is an asset students can use when returning to their cars, or getting around campus. Between sundown (around 7:30 p.m.) and 11:00 p.m., 13 CSAs, are scattered in different areas around campus, including the student dorms.

CSAs will always go towards the more crowded areas of campus to find people that may be interested in the escort service. However, there

are landmark buildings that CSAs are assigned to in order to efficiently cover the campus: the Matador Bookstore, Sierra Center, Arbor Grill, at least two by Redwood Hall, the University Student Union and the student dorm area.

"We act as the eyes and ears of the police department," Sanchez said.

Sanchez' favorite part about his job is being able to meet and communicate with people. Students do not just



TREVOR STAMP / DAILY SUNDIAL

The Matador Patrol, a volunteer service that escorts students around the campus and the surrounding neighborhood, often walk through areas of that campus that are less populated at night.

use the service for safety.

"Sometimes it's just listening. Some people had a bad day and just want to talk about it," Sanchez said.

Safety escorts are not meant to be bodyguards. They walk with the students to make them feel comfortable, provide an ear and diminish the likelihood of crimes occurring by having less students traveling alone on campus at night. Volunteers carry with them a flashlight, pepper spray and a radio to commu-

nicate and report.

"My favorite part of the job is working escorts," Sanchez said. "Just meeting new people, the conversations, and just making sure that they're safe."

To be a CSA, the only requirement is to be a student. Experience with volunteer work or safety organizations is highly preferred, though. Many escorts are either interested in or are studying criminology.

Many students are parked off-campus, but the CSA is authorized to go up to two

blocks off campus as long as they radio-in to their supervisor. Venturing further than a few blocks can cause the radio transmission to fade out, and if something were to happen, the CSA would not be able to communicate with campus police via radio.

Even if students do not use the service, Sanchez argues that the service is useful to them.

"In case we spot somebody walking by themselves, and even if they say 'no,' it's good that they see the presence,"

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# Autistic does not mean unintelligent

**MERCEDES ORTIZ**  
DAILY SUNDIAL

**THE SIMILARITIES** between autistic and non-autistic students far outweigh the differences as discussed at the “More Like You Than Not” event hosted by the National Student Speech-Language Hearing Association (NSSLHA) Saturday night. More than 230 attendees had the opportunity to learn about autism and how people with this disability learn to communicate.

“With this event we really wanted to change

people’s perspectives (by not assuming unintelligence but assuming intelligence regardless of their (autistic people’s) label or their diagnosis,” said Sheelah Peterson, event coordinator and communication disorders and sciences major.

The event took place at the Northridge Center, bringing together families and community members from all over the San Fernando Valley and Santa Clarita Valley.

Peterson said she was very happy that the event accomplished its initial goal and dispelled the myths that people with disabilities such as autism are not as intelligent as non-autistic people.

“They are trying to change people’s perspective because a lot of times there are assumptions, especially with the non-verbal population who have autism, and a lot of times what we assume is lower intelligence when people cannot verbally communicate the way we expect them to,” Peterson said.

Tracy Thresher, 42, and Larry Bissonnette, 52, both autistic guest speakers, talked about their award-winning documentary called “Wretches & Jabberers” and the struggles they have experienced with this particular disability. The documentary was meant to raise awareness to the general public about the speech-language pathology and audiology communities.

Within the different spectrums of autism, some autistic people have the ability to communicate verbally while others are non-verbal and as such must make the necessary adjustments needed to communicate with the public.

Christina Cannarella’s son is autistic and she attended the event to learn how to increase effective communication between



MERCEDES ORTIZ / DAILY SUNDIAL

Larry Bissonnette, Tracy Thresher, Harvey Lavoy, and Pascal Cheng communicate with the audience at the “More Like You Than Not” event to raise awareness about autism.

her and her son.

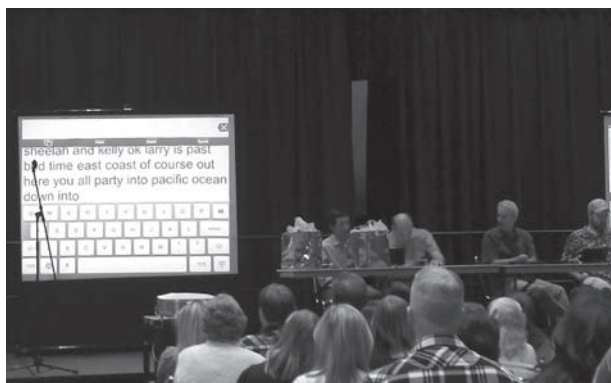
“We don’t need words to communicate and that’s the beauty of what Larry and Tracy are doing. People that are not able to share a physical voice are showing us other ways of communication, and it’s like we don’t even need words, words get in the way so many times,” Cannarella said.

Those who couldn’t communicate verbally used their iPads to type what they wanted to say. There were two big screens in place behind the speakers which allowed the audience to read what they were saying. A computer generated voice was also

reading out loud what the speakers were typing.

Georgina Thomas, who is taking prerequisite classes for the masters program in speech therapy and is also part of the board of NSSLHA said she was very happy about the event’s turnout.

“This is our first campus-wide community event and it’s just great to see a lot of families come out and be part of this autism awareness event so that they can have some hope. Larry and Tracy are both really inspirational and hopefully we are able to impact a lot of people who showed up today,” Thomas said.



MERCEDES ORTIZ / DAILY SUNDIAL

The guest speakers at the “More Like You than Not” event thank coordinators and attendees for their support by typing their expressions of gratitude into an iPad that then projected their thoughts onto two screens for the audience to see.

Sanchez said. “Being aware of that presence makes us feel better and I think it makes students feel better as well.”

The campus escort service began in the late 70s by Fraternities and Sororities as a volunteer program to escort students around at night, as the campus was not well lit then. After some years, the program ran out of volunteers, so the department of police services stepped in and adopted the service while keeping it student-based.

Matador Patrol is a program that is for the students and run by the students in order to diminish the likelihood of campus crime at night and making students feel comfortable and safe. The volunteers are serious about their work, but still try to have fun.

“We’re all really competitive with each other, of who can get the most escorts in a night,” Sanchez said. On average each CSA on foot will get 14 escorts and those driving the carts, around 30.

For more information or to request a campus escort call (818) 677-2111.



SCAN THIS QR CODE to meet patrolman Peter Sanchez

UNIVERSITY STUDENT UNION, INC.

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**TUESDAY**

**MRE: Meet/Relax/Eat**  
5 – 7 p.m. VRC, USU

**Tuesday Talks**  
7 p.m. Pride Center, USU

**WEDNESDAY**

**USU Job Information Sessions**  
12:30 – 1:30 p.m. & 5 – 6 p.m.  
Flintridge Room, USU

**Tech Series: PowerPoint**  
1 p.m. Computer Lab Training Room, USU

**SegreGAY-ion**  
5 p.m. Lakeview Terrace, USU

**Super Smash Bros. Tournament**  
7 p.m. Games Room, USU

**THURSDAY**

**Craft Corner**  
11:30 a.m. – 1:30 p.m. Plaza del Sol, USU

**Noontime Concert**  
Plaza del Sol, USU

**USU Job Information Session**  
12:30 – 1:30 p.m. Flintridge Room, USU

**LGBTQ Coffee Nights**  
5 – 7 p.m. Pride Center, USU

**Red Rally: Women’s Volleyball**  
7 p.m. Matadome, USU

**Movie Night: Halloween**  
8 p.m. Games Room, USU

**FRIDAY**

**Tech Series: PowerPoint**  
3 p.m. Computer Lab Training Room, USU

**Murder Mystery Dinner**  
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ASK ABOUT JOB OPPORTUNITIES



# STRESS, ANXIETY AND MIDTERMS OH MY

Midterm season has hit campus, and everyone is on the verge of a mental breakdown. Beat the stress and see how others deal with it

**NEELOFER LODHY**  
DAILY SUNDIAL

IT'S THAT TIME of the semester again - when students are tearing their hair out and ingesting more caffeine than thought naturally possible. Midterms are upon us, and students are working to beat the stress.

According to the 2012 National College Health Assessment survey, more than half of college students reported above average or tremendous stress levels. The survey further stated that 30 percent of students said it had a negative impact on their academic performance. When it comes to managing stress and anxiety during midterms, organization and mental breaks between studying can help alleviate stress.

"When it comes to stress, I'm not very good at organizing or handling it," Yasmin Chowdhury, psychology major said. "When I get really overwhelmed, I take a couple hours off my school work. I have a cycle for study breaks. I'll study for 45 minutes and take a 15 minute break so that I have adequate room to breathe and make sure the information is processed in my head."

Time management is a beneficial alternative to helping students deal with stress. However, every student

handles their anxieties differently.

"The way I deal with stress is kind of complicated," Valerie Suarez, business management major said. "Sometimes I don't handle it well so I feel better when I cry. I'll watch TV to take stress off my mind or talk to a friend, but going out to eat makes me really happy."

Stress can be good for students to a certain extent. It can be motivational, while keeping the student alert and more willing to reach deadlines. However, too much stress can lead to depression. Therefore, it is important for students to know that there are many different coping strategies available to them while under stress.

The best coping strategies are those that will not affect one's health negatively. Some destructive coping strategies include smoking, heavy drinking or the overuse of prescription drugs.

"I was prescribed Xanax to help with anxiety," Suarez said. "I only take my Xanax if I feel like there is no other path to take. If nothing else helps me, it's my last resort."

Ultimately, stress, whether it is chronic or acute can lead to major depression, but only in those most susceptible to it. It is important for students to acknowledge healthier alternatives available, most which are free of cost, such as organization.

"I have to be completely organized. Organization is key for me. If my stuff

is scattered that's when I see that stress becomes a factor in the things I do," public health major Erica Abaekobe said. "I have to take breaks, and do anything not related to my assignment like check social media, or exercise."

Aside from organization and deep breathing, other techniques can include basic remedies such as yoga, or even drinking a cup of chamomile tea. Chamomile tea serves as a gentle relaxant while acting as a nerve tonic as well as a sleeping aid.

Other remedies include yoga, or even the one-moment meditation video, which is available on YouTube. The five-minute animated video by Martin Boroson, based off his book "One-Moment Meditation," shows a simple strategy in reducing stress, improving focus and finding peace in the moment.

Academic excellence is strived for by students, but one must remember simply that health is wealth. By acknowledge stress and dealing with it accordingly students can avoid health related expense.

Next time, instead of getting your fourth cup of coffee, perhaps indulge in a little retail therapy. Purchasing items such as clothes or shoes can help one feel a little bit better about life, even during midterms.

No matter the academic hell, students have to remember that there is a light at the end of the tunnel: the semester is halfway through.

## TIPS TO RELIEVE STRESS

### 1. Try some easy yoga

Through the combination of deep breathing and focusing on pushing the limits of the body, yoga can easily put the fear of that ten page paper out of mind. The Student Recreation Center offers several yoga classes throughout the week.

### 2. Take a deep breath

Deep breathing and meditation have been known to temporarily lower blood pressure and reduce anxiety. Take a moment to recollect your thoughts and stare blankly at a wall for a few minutes, breathing deeply. Note: avoid eye contact with others while doing this. They might think it's creepy.

### 3. Work it out

Going for a run around campus or breaking a sweat in the SRC can ease the mind, and the endorphins released afterwards greatly diminish anxiety. Not in the mood for getting sweaty? Taking a stroll through the Orange Grove can be just as effective.

### 4. Drink your troubles away

Tea has been shown to reduce stress and induce a calmer state. Grab a large brew of black or green tea from the nearest Freudian Sip and sip to your heart's content - try not to burn your tongue.

### 5. Let the art do the talking

Art therapy is an effective way to get those stressful feelings out in a healthy, constructive manner. Scribble down a note of affirmation, color a picture, keep a journal or even do some finger painting - who says it's just for preschoolers?

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Megan Havrda, EcoAdvisory Board Chairwoman, BeGreen Packaging  
"Simplicity: A shovel, a wheelbarrow and a bag of seeds"  
Kreigh Hampel, Recycling Coordinator, City of Burbank
- 2:00-3:15pm  
"Capitalism Must Die! Our Planet is not Expendable"  
Stephanie McMillan, award-winning political cartoonist
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OCTOBER 21, 2013

OPINION@SUNDIAL.CSUN.EDU

# Opinion

## Police brutality continues unchecked

The killing of Miriam Carey this month in the U.S. capitol by police is only one case in the legacy of police brutality

**CALVIN RATANA**  
DAILY SUNDIAL

**DEAR MIRIAM CAREY,** I don't know who you are or what your motives were, but on behalf of humanity I apologize for what has happened to you.

Recently Carey made headlines on Oct. 3 when she was gunned down by the police in Washington, D.C., after a car chase.

The story goes that Carey was at a checkpoint near the White House, and instead of stopping there, Carey turned her car around and took off, knocking down a policeman in the process. A car chase ensued, with reports saying shots were being fired at Carey's car. She was eventually cornered and was shot dead. It is unclear whether she was in the car when she was shot dead. She had either stepped out of the car and was shot dead or police fired into her car and she died inside.

Media and police reports write off this incident with little care that a life was taken away by the police. Instead of calling it police brutality, media and police put the blame upon the tense atmosphere of Washington, D.C., after the Naval Yard shooting that happened last month and the government shutdown. A NY Times article writes that Carey had turned "her vehicle into a weapon."

A weapon. Only two officers were injured. But Carey was killed. Carey didn't kill anyone with her car so the weapon comment is going too far. Furthermore, that statement displays how the media is portraying the incident: Carey as a potential terrorist and the police as heroes.

But reports say that Carey was unarmed. There was no weapon in her car. When her condominium was searched there were no weapons or anything that could have been used for an act of terrorism. Why Carey had decided to run away from the checkpoint remains unknown.

Now that Carey is dead, it may never be known why she reacted the way she did. But there's one thing that shouldn't have happened: the police opening fire upon an unarmed woman.

And yet the media hasn't picked up on the idea that Carey's case was an example of the ongoing problem of police using excessive force.

Carey was murdered by the police. Not only that, she had her one-year-old daughter with her in the car. I'm not sure if the police knew her daughter was in the car, but firing upon the car with a child inside? Seriously? And then killing the child's own mother in front of her face? There's something wrong with that picture. Actually, there's something really wrong with the whole story.

What exactly made police fire upon Carey when a report said that it was not known whether or not she was an immediate danger?

Unfortunately, Carey's case is just the most recently recorded case of police brutality.

In March, Kim Nguyen was in Koreatown and was waiting in a parking lot with two of her friends for their designated driver. Two officers came by to question Nguyen and her friends and then left. However when Nguyen ran across the street, the two officers circled back around and arrested Nguyen for public intoxication.

On the way to the station, somehow Nguyen fell out of the patrol car. She sustained severe injuries from the fall. But the point of the matter is that people aren't supposed to fly out of cop cars. According to Nguyen's lawsuit, the officers had failed to lock the door or secure her seatbelt and that led to Nguyen being ejected from the car.

The problem is Nguyen doesn't remember how she had landed outside of the cop car; nor would the two officers speak clearly about how that happened. It is more interesting to point out that out of the hundreds of drunk men that walk around Koreatown, they chose to arrest a woman.

And then there's Steven Washington, a 27-year-old autistic African-American man who was shot dead by police in Los Angeles in March 2010. According to LA Times' report, the police felt threatened by Washington and shot him when he didn't respond to their commands and reached into his waistband.

And let's not forget about Christopher Dorner. Remember him, the ex-LAPD officer that had LAPD conduct a large-scale manhunt? While I do not support what Dorner had done to get his point across, Dorner's manifesto explains that he turned on the LAPD after they terminated Dorner for reporting a case of excessive force. He felt

that there was too much corruption in the LAPD and so he began his campaign.

What I can't wrap my head around is how these cases of police brutality go completely unnoticed by the public and media. In 1992, Los Angeles erupted into riots as a response to the acquittal of police officers who were caught on videotape beating Rodney King, among several other issues inflicted on the African-American community. But in 2013, it seems like most people prefer to turn a blind eye. It feels like we have learned nothing from 1992.

The motto of officers is "To Protect and Serve," right? But who are the police really protecting and serving? Certainly not Miriam Carey, Kim Nguyen, Steven Washington, Rodney King and the hundreds of others who have been brutalized and killed by the police. I'm not just calling out the police for their abuse of power. I'm also calling out the

media and the public for turning a blind eye.

We must keep the media and public aware of the use of excessive

force by police officers so that we can all hold the police accountable. By doing this, hopefully lives can be saved.

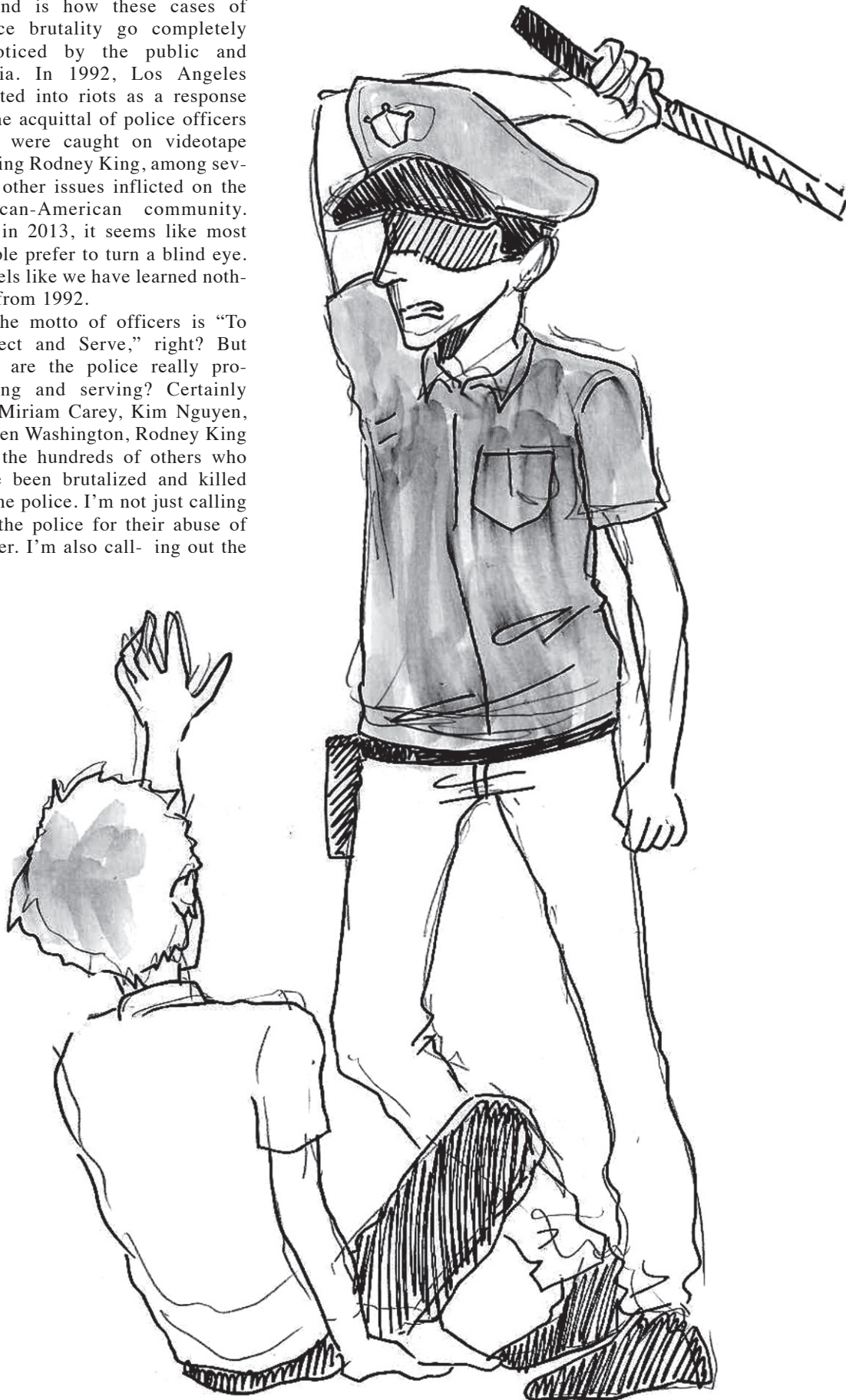


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# EARTHQUAKE

Continued from page 1

broken record, but I don't feel like enough individuals — students, average citizens — are getting the message," Yule said. "So we're trying to show you what to put in your earthquake kit and trying to educate them about this inevitability."

CSUN geology students also set up a ShakeOut booth in Sierra Quad to complement the drill. The students provided passersby with a checklist and information on how to construct an earthquake kit and stay safe before, during and after a disaster.

People were also able to view archived photographs chronicling destruction left behind by recent temblors — including the 1989 Loma Prieta and 1994 Northridge quakes — as well of live news footage from the 1994 quake.

"What comes to mind is how much damage there was that I really didn't know about," geology graduate student Linda Doran said,

as she watched NBC's 1994 coverage of the Northridge earthquake on a monitor.

Students were also able to look up their home addresses at the event to determine the location of the nearest fault line in their neighborhoods.

During her search, Deana Patiño, a special education major, located a fault line about half a mile from her home in Rancho Cucamonga. The Red Hill/Etiwanda Avenue Fault, which runs adjacent to at least four other faults, is capable of producing a magnitude 6 to 7 earthquake, according to the Southern California Earthquake Center at Caltech.

"I kind of knew it, but seeing it makes it more real," Patiño said. "It's scary."

At the time of the 1994 Northridge earthquake, Doran was living in Albuquerque. But she did experience the 1987 Whittier Narrows earthquake and the 1971 Sylmar earthquake as a child.

"It was interesting watching the parking lot structure just crumple. It was scary. I'm glad I wasn't

parked there at the time," Doran said with a laugh.

The former CSUN parking structure on Zelzah Avenue progressively collapsed in the hours following the initial shock of the Northridge earthquake. The parking structure's ruins remained on campus for a year until university officials were able to secure a contractor to remove the debris.

"It was shocking, because I never saw any footage from it," English major Natalie Gibson said. "I always park in the parking structure. Now it makes me not want to park in that structure anymore. I definitely worry about the safety of these buildings. You don't want to be in the deep part of the Sierra Tower when the earthquake happens."

As a member of the local Community Emergency Response Team (CERT) in her youth junior geology major Ashley Blankenship vividly remembers having to help clear outside of her local grocery store after people made a run for it "trying to pick up supplies."

# EARTHQUAKE PREPAREDNESS

1) In case of an earthquake, do you and your household have an emergency plan or protocol in place?

YES 38%

NO 62%

2) Do you have enough batteries or alternative sources of power that you can use if a power outage occurs because of an earthquake?

YES 48%

NO 52%

3) Do you have any emergency preparedness materials in your car in case of an earthquake occurring while you are not at home, or if your home is destroyed by an earthquake?

YES 26%

NO 74%

58 PEOPLE INTERVIEWED  
POLL BY DAILY SUNDIAL

"They hadn't had their kits prepared," Blankenship said. The store was sold out of everything; people couldn't get what they needed."

Blankenship, 32, was 13 when the Northridge earthquake struck in 1994.

"A lot of people were really young in '94 who don't really remember the Northridge quake and weren't really aware of what was going on," Blankenship said. "This kind of (event) really shows them what really happened in '94 and what the

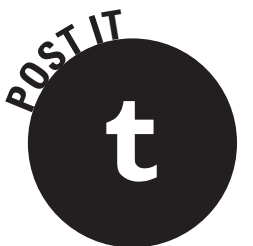
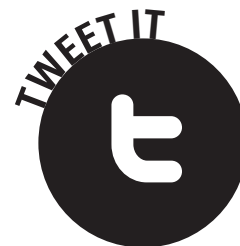
devastation could be, and to let them know that it's serious — you need to be prepared."

Go online on Jan. 17 to see next semester's first issue which will commemorate the 20th anniversary of the Northridge Earthquake.

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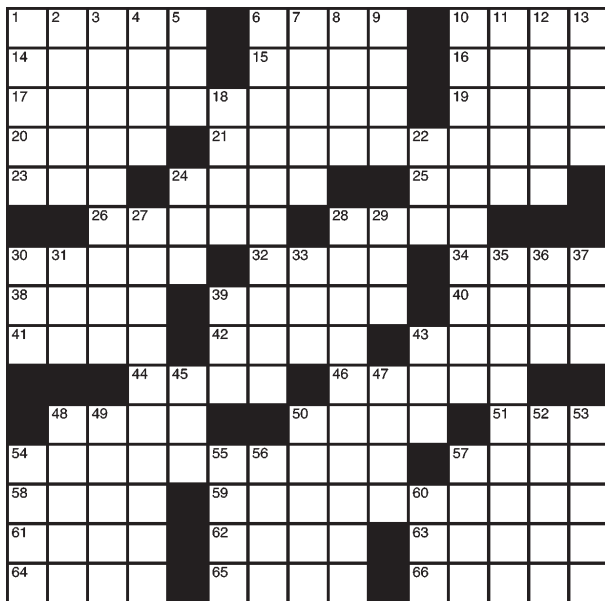


## Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

### ACROSS

- 1 Floating platforms
- 6 Guy or fellow
- 10 Haughty sort
- 14 Creepy starrer
- 15 Top military draft category
- 16 Skid row denizen
- 17 German cars bought by Riyadh residents?
- 19 Not many
- 20 Releases (on), as an attack dog
- 21 Cafeteria carriers gone missing?
- 23 QB's mishap
- 24 Tennis icon Arthur
- 25 Makes a choice
- 26 Drawing upon
- 28 100-yard race
- 30 Shoulder wrap
- 32 "Once \_\_\_ a time ..."
- 34 PC software
- 38 Rose of baseball
- 39 Hard to hear
- 40 Was a passenger
- 41 Figure skater's leap
- 42 Uncle Remus's \_\_\_ Rabbit
- 43 Nursery-rhyme Jack or his wife
- 44 Put down, as floor tile
- 46 "\_\_\_ my case"
- 48 Fixes with thread
- 50 Plastic coffee container designed for a Keurig brewer
- 51 Sports enthusiast
- 54 Streamlined onion relatives?
- 57 Pie à la \_\_\_
- 58 Basketball's \_\_\_ "The Pearl" Monroe
- 59 Stories you've heard a bajillion times?
- 61 Bad to the bone
- 62 Promgoer's concern
- 63 Leaning somewhat
- 64 Lousy grades
- 65 Like so
- 66 Zappos.com inventory



By Erik Agard

10/21/13

### DOWN

- 1 Big name in vermouth
- 2 A second time
- 3 Vary irregularly, as prices
- 4 Koppel and Knight
- 5 \_\_\_ Lanka
- 6 Teeth-and-gums protector
- 7 Conductor Previn
- 8 "Star Wars" princess
- 9 "Piece of cake!"
- 10 Out-of-tune string instruments?
- 11 Like Jack 43-Across's diet
- 12 Does as directed
- 13 Curtain call acknowledgments
- 18 Part of YMCA: Abbr.
- 22 How-\_\_\_: instruction books
- 24 Feel lousy
- 27 Neato water sources?
- 28 Insult comic who was a frequent Johnny Carson guest
- 29 Crumb-carrying insect

### Thursday's Puzzle Solved

A	S	T	O	R	Z	A	C	H	A	M	P	S		
B	O	R	N	E	O	B	O	E	R	I	O	T		
C	H	I	E	F	C	R	A	Z	Y	H	O	R	S	E
N	A	D	A	O	R	C	A	M	A	T	S			
E	V	E	C	O	O	K	I	S	L	A	N	D	S	
W	E	N	T	A	T	V	E	T	D	O	H			
S	I	T	U	P	S	A	I	L	E	A	C	H		
					B	O	T	T	L	E	F	E	D	
S	P	C	A	H	A	T	S	V	I	L	L	A		
A	L	A	D	O	N	M	E	T	I	E	R			
W	A	S	H	E	R	D	R	Y	E	R	V	A	T	
		C	H	I	C	E	E	L	D	E	S	I		
J	A	C	K	O	F	A	L	L	T	R	A	D	E	S
O	T	O	E	E	V	I	L	E	V	I	T	A		
Y	E	W	S	W	E	T	S	X	E	N	O	N		

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- 30 Relaxation center
- 31 Put a curse on
- 33 Dessert with a crust
- 35 Financial planner's concern
- 36 Handheld computer, briefly
- 37 Go down in the west
- 39 "The X-Files" gp.
- 43 Ninth mo.
- 45 Pop the question
- 47 Ploy
- 48 Work really hard
- 49 Spooky
- 50 Reeves of "Speed"
- 52 Dancer Astaire
- 53 Homes for chicks
- 54 Future flower
- 55 J.D.-to-be's exam
- 56 \_\_\_ A Sketch
- 57 Trig or calc
- 60 Prof.'s helpers

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OCTOBER 21, 2013

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## MEN'S SOCCER

# Defensive duel ends in stalemate

**DARKO DEBOGOVIC**  
DAILY SUNDIAL

**FOLLOWING A 3-1 victory over Cal Poly last Sunday, the Matadors (11-2, 1, 3-1-1 Big West) tied UC Riverside (6-5-3, 1-3-1 Big West) 0-0 on Saturday, earning an important, divisional point on the road.**

The Matadors were 1-1 in overtime games entering tonight's contest and managed to overpower Riverside 2-1 in last year's double-overtime thriller.

Sophomore goalkeeper Adam Hobbs recorded five saves on the night, including three in overtime to keep Riverside off the scoreboard.

His best saves came when the Matadors needed them most.

With two minutes remaining in regulation, Highlander midfielder Aaron Long sent a promising header toward the net that was swallowed up by Hobbs.

The Matador goalkeeper also came up huge in the dying seconds of the first overtime, robbing Highlander midfielder Hayden Leslie with six seconds left.

Riverside looked quicker than Northridge to start the game, recording their first shot in the first minute of play.

Richie Osborne's bid on net was deflected by a Northridge

defender out of danger.

The Highlander's best chance of the half came in the 30th minute, when midfielder Romario Lomeli hit the crossbar.

Despite being held without a shot in the first 22 minutes of play, Northridge seized momentum following a shot by senior midfielder Chris Smith.

The Matadors then railed off two straight shots on net but were unable to breakthrough and score.

Highlander goalkeeper Ashkan Khosravi blocked all five Northridge attempts on goal in the first half, keeping the match scoreless.

The second half proved to be a battle for ball possession as both teams locked down defensively, relying on their goalkeepers to keep them in the game.

Smith had a decent chance in the 55th minute when he fired a shot that was parried by Khosravi.

Hobbs was forced to make a pivotal save in 64th minute of play on a shot by Ulises Mosqueda.

Northridge had one final chance to steal the game as time was winding down in regulation.

Junior forward Sag Lev-Ari, the nation's leading scorer, sent a rocket shot that bent just outside the left goal post and out of play.

Both goalkeepers continued their hot play in overtime.

Hobbs stepped up in the first overtime period, denying Mosqueda in the 97th minute and



LUCAS ESPOSITO / DAILY SUNDIAL

Following the draw, the Matadors are now tied with Cal State Fullerton for first atop the Big West South.

Leslie in the 99th, and Khosravi made a pair of saves on junior forward Edwin Rivas and senior forward Beto Velasquez in the second.

In the final minute of double-overtime, Riverside tested Hobbs with two final attempts on net.

Hobbs was able to stop Lomeli's initial shot which resulted in a rebound that sailed over the net to preserve the tie.

The last time these two teams faced off in a scoreless draw was Oct. 13, 2007 at Matador Soccer Field.

With the tie, Northridge remains in a gridlock with Cal State Fullerton for first place in

the Big West South Conference.

CSUN's next match will have huge divisional implications as they host Fullerton on Wednesday at 7 p.m.

Both teams are coming off a tie, and will be looking to take a stranglehold on the Big West South Conference with a victory.

## WOMEN'S VOLLEYBALL

# CSUN drops Cal Poly in five sets

**ANDREW MARTINEZ**  
DAILY SUNDIAL

**MATADORS BOUNCE** back after first conference loss with five set victory at Cal Poly

The Matadors (16-4, 6-1 Big West) were able to put Friday's surprising loss behind them and overcome an early deficit to defeat Cal Poly (8-11, 2-4 Big West) in five sets, 27-25, 26-28, 22-25, 25-18, 15-11.

After a quiet night during Friday's sweep at the hands of UC Santa Barbara, junior middle blocker Casey Hinger led the Matadors with a career-high 21 kills with a .447 hitting percentage, and recorded a match-high seven blocks. Three other Matadors had double-digit kills, including Natalie Allen, who recorded another double-double with 14 kills and 14 digs. Despite being pushed to the brink of defeat by Cal Poly, the Matadors scored more team kills, assists, digs, and blocks than the Mustangs.

Cal Poly and CSUN exchanged the first two sets, as the teams traded points in each set until they tied at 25, where two kills by Allen made the difference in the first set while two Matador errors gave the second set to the Mustangs.



ABIGAILLE LEVRAY / DAILY SUNDIAL

The Matadors bounced back with a win against Cal Poly and took a one game lead over Hawaii for first place in the Big West.

In the third set, the Matadors held on to a slim 10-9 lead before the Mustangs rallied for four straight points. Cal Poly took a 17-16 lead after a timeout and never looked back, keeping a slim lead for an eventual 25-22 win in the set to put the Mustangs up 2-1.

With the Mustangs in control, CSUN came out flat in the fourth set, trailing Cal Poly early. Despite a poor .125 hitting clip in the set, the Matadors took advantage of an even worse .135 hitting percentage by Cal Poly and took control as they won the set

25-18, CSUN's last five points coming by way of Mustang errors.

The fifth set was absent the dramatics of the earlier sets, as CSUN jumped out to a 7-3 lead en route to a comfortable 15-11 win, which fittingly ended with a kill from Hinger.

Other big Matador performances include senior setter Sydney Gedryn, who filled the stat sheet with 54 assists, six kills, five digs and five blocks. Junior libero Kelcie Randazzo added a career-high 27 digs while notching two service aces.

In a postgame interview with gomatadors.com, head coach Jeff Stork attributed the win to a strong attack as well as clutch defense.

"The middle of the match didn't go well for us but we made a few adjustments and converted a lot of defensive plays in the fourth and fifth sets," Stork said.

Cal Poly senior outside hitter Megan McConnell recorded 20 kills and sophomore outside hitter Hannah Schleis smacked 18 kills off of the bench, but their efforts were wasted by an overall .192 hitting percentage by the Mustangs.

With their victory Saturday, CSUN avoided falling in the Big West standings and remain tied atop the conference with 10th ranked Hawaii with one conference loss apiece.

The Matadors will battle Hawaii for first place in the Big West on Thursday at the Matadome in what will be the most important home match in recent memory. CSUN will also be looking to avenge a season series sweep by Hawaii last year.