

The Sundial

Issue 5 | Spring 2025

“I’m alive. Are You Alive?”





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Photo by Michael Moreno

Letter from the *editor*



Dear Sundial readers,

This issue differs from others we have done in the past. Thousands of Californians were affected by the wildfires that raged through Pacific Palisades, Altadena and Santa Clarita. While covering those tragic events, we also touch upon all the unprecedented changes happening to our rights and the communities that create spaces for people to be their authentic selves.

In times like these, it is important to celebrate the small wins in life and take care of one another. Although things didn't go as initially planned while working on this issue, we persevered and are proud of the result. I hope these individuals' stories will encourage you to do the same in your lives, no matter the circumstances.

Keep pushing forward,

A handwritten signature in black ink that reads 'Pamela Garcia'.

Pamela Garcia
Managing Editor

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Northridge, CA 91330-8258

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Shaping the Future of Artists

CSUN'S Illustration Program Illustrates Success

WRITTEN BY MOLLY SCHWARTZ

CSUN's Art and Design Department is constantly expanding and with these expansions comes the recent addition of the emphasis on illustration for art majors. Starting as the illustration club, more and more students became interested in illustration to implement an emphasis in the degree.

"The concentration in Illustration has been around for quite a few years. We've grown in size, and there's a strong interest in the professional opportunities an illustration skill set can provide." Professor Erik Mark Sandberg, head of CSUN's Illustration Major and Faculty advisor for CSUN Illustration Society.

The emphasis on illustration in CSUN's Art degree program prepares students for a post-college career by emphasizing three core areas: process, craft and critical thinking. Illustration is a very flexible medium that can be created commercially or as fine art. While some illustrators work for clients in advertising, editorials, or branding, others create personal work for exhibitions and galleries.

"We teach drawing, painting, typography, book art, screen printing and all the digital tools from Adobe Creative Cloud. But beyond that, we emphasize research, innovation and storytelling," Sandberg said.

CSUN's Illustration Program and Illustration Society club provide a strong foundation for creative careers. They offer students the opportunity to adapt, learn and experiment.

The CSUN Illustration Society is a student-run club that hosts workshops, exhibitions and collaborative projects like silk screening, poster-making and zine creation. The club provides networking and social opportunities and raises funds through student work sales. While the club is located at the Art and Design Center, students are not required to be Illustration students to participate.

The Illustration Society helps students

develop their voices by encouraging experimentation and collaboration in workshops and creative endeavors. CSUN's advanced resources provide a strong foundation for creative careers.

It is a place where students can grow their artistic voice, even if they aren't illustration majors. Students can also sell their work through different campus markets and display it in campus exhibitions.

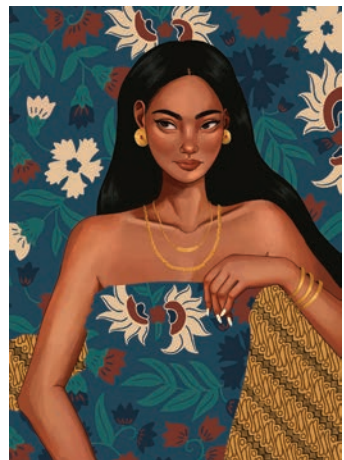
"Even if you're not an illustration major, there's a lot you can gain from joining. Maybe you're a graphic designer or a painter, but illustration techniques can still help you in your own work." Chary Goodwin, outgoing president of the Illustration Society and Art graduate student, said. "It's also about connections—you meet people who know different skills, like letterpress or layout design, and you learn from them."

Chary was drawn to illustration after taking a class with Sandberg, where they realized illustration was a broad and dynamic field. Their artistic focus is on soft sculpture and fine art rather than commercial or editorial illustration. While pursuing their master's, they found a home within CSUN's Illustration Society.

"It was good to be part of something larger than myself," Goodwin said.

While Goodwin is set to graduate at the end of the spring semester, Marilyn Hightower is prepared to take over as the new leader of CSUN's Illustration Society. Hightower is currently pursuing a master's in Illustration. She obtained a bachelor's degree in Visual Art from CSUN. Her passion is comics and her artwork tends to be political, focusing on civil rights and infrastructure.

"Illustration, to me, is about communication. It differs from fine art because it's meant to convey a message explicitly—it's not just about interpretation," Hightower said.



Illustrations by Diana Arzate, Michelle Sugiarto, Mary Strausburg courtesy of the Illustration department

BSU Strengthens CSUN's Black Community

WRITTEN AND PHOTOGRAPHED BY SOLOMON O. SMITH



Members of the Black Student Union pose for a photo at one of their meetings on campus. (Solomon Smith)

Created in the 1960s, the Black Student Union (BSU) has been a voice for Black Matadors for six decades. In 2025, BSU plans to continue its legacy of connecting the Black community on campus.

BSU also serves as a space for community bonding, hosting a variety of events and fundraisers. Students do not have to be Black to join but need a willingness to work and learn in a culturally diverse environment. Members of the BSU come from all walks of life, including the wide-ranging Black diaspora.

“We are the Black Student Union, and we create a safe space for African American students or allied students to come and be themselves,” reads their description on Matasync

Ryan E. Mason, director of the CSUN Black House, was a member during his undergrad in 2006 and has come full circle as the club’s advisor. For Mason, the BSU is a way to broaden students’ experiences through diversity; he sees this as a net positive for the students.

“It creates a space of Inquisition, a space where questions can be asked,” said Mason.

Mason attributes the group’s burst of activity to the current BSU president, Hermoni Douglas, and her cabinet. Douglas was in the Black Student Union at Culver City High School. During the fall semester, her goal was to be more

visible; this semester, she wants to work more with other organizations.

Douglas describes the BSU as a hub for students from all backgrounds. She believes finding connection and space to exist in a place “not built for us” is important for Black students trying to survive in college.

“We hold different events where you’re able to get mentorship, and mentorship is very important for black students,” said Douglas.

Melka Kifle is a sophomore majoring in finance who began as a member but later joined the meetings committee. She is also of East African descent. For her, BSU was a place to connect with other students. She wanted to learn more about being involved in community service and running a larger club.

Kifle’s high school had a small Black population, and doing community service with other Black students her age was a “heartwarming” experience. She also says she felt less imposter syndrome after seeing other Black students on campus.

“It kind of made me feel like myself. I feel like I never felt like myself at school till I got to CSUN,” said Kifle.

Students can connect with BSU via MataSync, or through the organization’s Instagram account, @csun_bsu.

“It kind of made me feel like myself. I feel like I never felt like myself at school till I got to CSUN,”

- Melka Kifle, Sophomore

Building Future Success with Black Scholars Matter

WRITTEN AND PHOTOGRAPHED BY NYAN GAVINO

Located in Manzanita Hall 112 and 114 are spaces specifically crafted for Black students on campus that aim to help them along their academic journey. Through providing holistic support and mentorship along with tutors and community, this program revolves around helping the underrepresented achieve excellence.

Black Scholars Matter (BSM) is a program that recruits graduating high school seniors and helps them prepare and excel in their college experience at CSUN. Led by program director Theresa White, BSM is a newer addition to the campus that wasn't always its own entity.

"Black Scholars Matter was an extension of B2F, which was Bridge to the Future. And I believe it was around 2023 when they broke off from the Bridge to the Future to be its own program," said BSM Creative Media Manager Julissa Garcia.

She explained that recent renovations done to the BSM office will allow additional space for students to take part in the many activities that BSM hosts, like their end-of-week empowerment sessions, which are a key component of their goal for holistic support through what they refer to as MIPS. This consists of the mental, intellectual, physical and spiritual support that mentors and staff utilize to help

students progress.

"I would say that BSM is not just an initiative to help them succeed in academics, but just to succeed within their own personal growth emotionally, because we want to change the stigma of how we encourage and motivate our young black people," said BSM mentor Joshua Hurst. "Because if we all come together and change stuff, little things, it makes a big deal."

The program currently hosts over 20 scholars in their three cohorts, with the program hoping to reach 40 or 50 by the time cohort four arrives in the fall. High school seniors attending Hamilton, Birmingham Charter or Taft Charter High Schools are eligible to apply.

"I want future BSM graduates to walk the halls of CSUN knowing they belong, knowing they have a place, a voice, and a community that stands behind them. I did not reach this milestone alone," said Champion "Chester" Wilson, the first graduate of BSM. "I was lifted by mentors who believed in me, by peers who stood beside me, and by a program that invested in my success."



Nutrition Assistance for Students

WRITTEN BY SOFIA CANO • ILLUSTRATED BY MALIAHGUIYA SOURGOSE

Going to college comes with many new expenses, from tuition and books to the general cost of living. CalFresh can alleviate some of those expenses that come with buying groceries.

CalFresh, or SNAP, is a government program that provides grocery assistance to low-income households. Approximately 33% of undergraduate students qualify for SNAP, but only around 22% of those students have applied for assistance, according to the California Policy Lab.

Students who qualify for CalFresh can get up to \$291 in additional funds for food every month, which is put on a debit card provided by the state.

For students who are unsure how to apply, California State University of Northridge (CSUN) has the CalFresh Outreach Program that can help them with the application process. They have appointments either in person, over the phone or on Zoom, which can be scheduled through their booking portal on the CalFresh Outreach website.

CalFresh has multiple steps a person has to go through to determine eligibility. First, a student would have to complete a pre-screening to see if they qualify, then fill out the CalFresh application as well as send in a list of documents to prove eligibility and identity. After that, the county office will schedule an interview over the phone - at which point they will determine whether or not a person qualifies for the program.

The CalFresh Outreach Program can help CSUN students with all of the 30-day application process, as well as any recertification interviews that are required at the end of their coverage periods and a semiannual report required by the county approximately six months after a person gets coverage.

CSUN also has the CalFresh Healthy Living program, which offers classes aimed at creating healthier habits. Students can sign up for presentations through their scheduling portal.

CalFresh Healthy Living Student Assistant John Noah

Tagle runs some of the presentations and workshops for the program.

"It's for people in general who want to learn more about things such as healthy meal planning, shopping on a budget," Tagle said. "And we also post Instagram posts as well, going over those specific things, such as tips on Wellness Wednesday, how to meditate for better health or something such as cooking 101."

As a Kinesiology student, Tagle wanted to learn more about how to build healthy habits, and he also wanted to help his peers get access to these benefits.

"I also want to help people in need of housing and food," Tagle

said. "Even if I'm just reaching out to at least one student out of a class of 30 students, at least if they're impacted, that means a lot to me. And if we're helping a lot of people with their food pantry, then that means a lot as well." Both CalFresh Healthy Living and Outreach programs are run through the CSUN with a HEART

office, which provides enrolled students with resources such as food security, housing, transportation and professional clothing through Matty's Closet.

CSUN with a HEART also provides a food pantry, where you can get nonperishable foods once a week and fresh produce every other Wednesday

starting Feb. 12, as well as MataBites, which is a push notification system alerting students when there is free left over food available on campus. Students can sign up for MataBites through the CSUN app.

"It's basically an opt-in channel where it notifies you of any leftover free food on campus on CSUN," Tagle said. "So let's say an event was serving Chipotle, and there happens to be free left over food from that, then MataBites will notify you of that and where it is, so you can get the food."



Track and Field Star Trey Knight Makes Matador History

WRITTEN BY GABRIEL DUARTE • PHOTOGRAPHY BY ALIYAH HINCKLEY



After one of the most accomplished individual seasons in CSUN track and field history, Trey Knight has all eyes on him as he approaches his final collegiate season with the Matadors.

Having transferred from USC in 2022, the senior thrower redshirted the 2023 season before finding immense success in his first season of competition for the Matadors in 2024.

Knight had one of the most prolific seasons in school history, racking up three individual championships and was named to two All-American teams. He earned the 2024 Big West Male Field Athlete of the Year award for his efforts. It's only the fifth time in program history that a CSUN athlete has won the award.

The success at the collegiate level didn't come as a surprise to Knight. In high school, he was the state of Washington's three-time Gatorade Boys Athlete of the Year.

"I knew what I was capable of,"

Knight said. "I have been doing this my entire life, since I was ten [years old]."

However, the reigning All-American thrower said he doesn't give much thought to his achievements.

"All the accolades and stuff, it's really cool, but I try not to think or get too much into it," Knight said. "I don't have social media, so some of the things I get told by other people."

In his first meet of the 2025 season at the Nevada Invitational, Knight wasted no time picking up where he left off and earned National Player of the Week honors from the U.S. Track and Field and Cross Country Coaches Association (USTFCCCA). It was the first time in school history that an athlete had won the award during the indoor season.

"This year, I just want to have fun. It's my last year of college. I don't

Story Continued on pg. 13

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Los Angeles County Bat

WRITTEN BY MICHAEL MORENO

Ultimately, the Los Angeles wildfires have been a stark reminder that climate change is rapidly growing. Winters have been warmer year after year and Southern California, after experiencing historic wet conditions two years ago, is going through abnormally warm temperatures and super dry conditions.

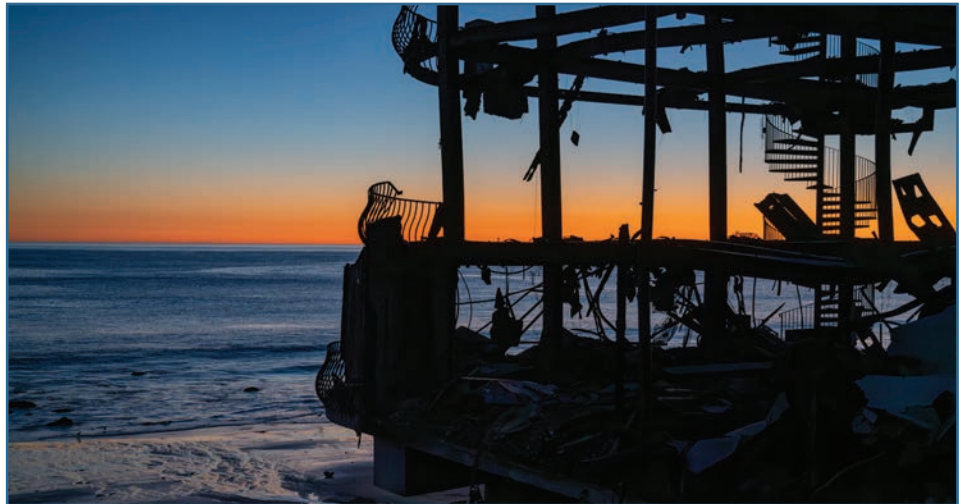
Despite the destruction, the wildfires have proved Los Angeles' resilience, showcasing the kindness of neighbors opening their homes to the displaced, the distribution of aid and the rapid response of the hardworking firefighters who risked their lives day and night to stop further destruction.

Right: The Palisades Fire burns across the Santa Monica Mountains in the Mandeville Canyon neighborhood of Los Angeles, Calif., as seen from Mountaingate, on Friday, Jan. 10, 2025. (Michael Goldsmith)

Below: The structural skeleton of an oceanfront property stands feet away from the Pacific Ocean after the Palisades Fire, in the Pacific Palisades neighborhood of Los Angeles, Calif., on Monday, Jan. 13, 2025. (Michael Goldsmith)



The National Guard provided support and relief when the Eaton Fire broke out and continue to assist residents with relief efforts in Altadena, Calif., on Sunday, Feb. 2, 2025.



A billboard sign blocks a sidewalk path in Altadena, Calif., on Sunday, Feb. 2, 2025.

ttles Fires and Tragedy



A Cal Fire airplane drops flame retardant on the Palisades Fire in the Brentwood neighborhood of Los Angeles, Calif., on Tuesday, Jan. 7, 2025. (Michael Goldsmith)



A home completely burned to the ground continues to smolder. Many of the structures which had already burned could spread the fire to other homes. Altadena, Calif.. Wednesday, Jan. 8, 2025. (Solomon O. Smith)

Buildings along Pacific Coast Highway destroyed by the Palisades Fire, in the Pacific Palisades neighborhood of Los Angeles, Calif., on Monday, Jan. 13, 2025. (Michael Goldsmith)





“I’m alive. Are you alive?”

Photograph by Michael Goldsmith

From rubble to ashes

WRITTEN BY JAYA ROBERTS

I’m alive. Are you alive?”

28-year-old Deena Roberts cried to her parents over the phone as she stood outside the rubble of her Northridge home, which was decimated by the 1994 earthquake, mirroring the damage CSUN’s campus had suffered mere blocks away. Exactly three decades later, she packs the only heirlooms salvaged from the remains of her home into a bag, wondering if they will be all she has once again.

As the Palisades, Eaton and Hughes fires ravaged Southern California, burning right through the 31st anniversary of the 1994 Northridge earthquake, survivors of wildfires and earthquakes alike bear the trauma brought about by natural disasters and their unpredictable, devastating nature.

“I suppose what I carry the most today is that loss,” Roberts said. “I had nothing left; [firefighters] red-tagged my house the moment they saw it.”

The destruction following the massive 6.7 earthquake, centered about a mile from CSUN, mirrors the apocalyptic decimation of the Pacific Palisades in the wake of the Palisades Fire, which broke out early in the morning on Jan. 7, 2025.

Roberts found out via phone call days after the earthquake that her place of work, a salon at the

corner of Reseda Blvd. and Devonshire St., had “nothing to come back to.” More than 16,200 structures have been reduced to ash in the Palisades and Eaton fires across Los Angeles County, according to CAL FIRE.

In the aftermath of the earthquake, much of CSUN’s campus faced a similar fate. George Johnson, an equipment technician for the Cinema and Television Arts department, was hired partially by the Federal Emergency Management Agency (FEMA) to document the school’s destruction in the disaster’s trail.

Johnson recalled the devastation the campus faced. He documented entire buildings reduced to rubble, including the Fine Arts building that once stood where Johnson works today, in Manzanita Hall.

The wildfires continued during the anniversary of the 1994 earthquake, reigniting trauma for some and creating anew for others.

As the Palisades and Eaton fires leveled much of Los Angeles, CSUN issued emails to all students, offering financial support in the form of emergency grants and mental health support for any students affected by the disasters. Following the Hughes fire

breaking out in Santa Clarita mid-day on Jan. 22, the same resources were emphasized.

“University Counseling Services is prepared to support any student experiencing emotional or psychological impacts from the trauma of the wildfires,” Provost Meera Komarraju stated in an email sent to all CSUN students on Jan. 14.

Julie Pearce, a licensed psychologist and director of University Counseling Services (UCS), highlighted the variety of ways trauma can impact one’s life following a natural disaster.

“[Trauma] can range from a wide variety of symptoms,” Pearce explained. “From feeling afraid or unsafe, especially for people who have been exposed to previous traumas or previous disasters, to PTSD symptoms of feeling very anxious or having panic attacks, having flashbacks, having trouble sleeping and perhaps even nightmares. There’s no right feeling. There’s just a wide range of feelings that someone might experience.”

There are several ways one can help reduce these feelings of distress and unrest caused by natural disasters, one of those being through social support. Pearce detailed the importance of reaching out to one’s support system, whether that is friends, family, community or even religious or spiritual organizations.

“Social support is so crucial in the face of a disaster or a trauma,” Pearce said. “Students can come here to University Counseling Services. We offer a range of free services and we also have 24/7 crisis and urgent care services because one can not always predict when they’re going to feel overwhelmed by emotion. I want students to know that day or night, they can reach out and speak to a crisis counselor here.”

Pearce also explained that taking care of yourself is of utmost importance in the wake of a disaster such as the 1994 earthquake or the recent wildfires. Eating meals as regularly as possible, getting adequate rest and even limiting news consumption

when it is anxiety-inducing are all crucial to experiencing and working through trauma.

Roberts looked back on the support system she had following the 1994 disaster, noting how that lack of support affected the way she acts today.

“For so long, I couldn’t drive under freeway overpasses, I just thought at any point they could come crumbling down again,” Roberts said. “For years after, I always had a bag packed, just in case. I think that’s what still gives me so much anxiety, the thought that I could lose everything I have again.”

According to Johnson, the unpredictable nature of natural disasters plays a key role in the damage they inflict on buildings and the lives of those affected.

“Fires, earthquakes, it’s all the same thing after. Just trying to learn so that hopefully the next one that happens is less [damaging],” said Johnson.

Trauma can take time to work through, especially in the aftermath of a disaster. According to the American Psychological Association, trauma from natural disasters can be emotionally taxing and often requires recognition and understanding to overcome.

“There’s an organization called the Trauma Resource Institute, and they have an app that you can download on your phone or use on their website called ‘iChill,’” Pearce said. “It has six different wellness skills you can utilize and learn that can help you in terms of grounding yourself and focusing on the physiological responses we can experience as a result of a disaster or trauma. I would highly recommend that as an option.”

From leaning on social support from family and friends, taking advantage of free apps such as TRI’s “iChill” app, short-term counseling, psychiatric services and crisis/urgent care services, healthy coping mechanisms in the face of natural disasters are key to success and healing.

In the face of natural disasters, healthy coping strategies—such as community support, support services, and free wellness apps—are crucial for recovery and success after a natural disaster.

Photo of the devastation of Deena Roberts’ house in Northridge, CA following the 1994 earthquake.



CTVA equipment manager George Johnson looking at the construction of Manzanita Hall around 1999 (Courtesy of George Johnson)



Reproductive Resources Amidst Uncertainty

WRITTEN BY SOPHIA CANO • ILLUSTRATED BY MALIAHGUIYA SOURGOSE



Since President Donald Trump's inauguration, his administration has taken the initiative to enact over 20 executive orders to undo changes made by the Biden administration. On his first day in office, the White House was restructured, eliminating many resources put in place by former President Joe Biden.

The government website, reproductiverights.gov, created by the Biden Administration after the overturning of *Roe v. Wade*, was among the resources removed. An archived version of the website is available to view.

Roe v. Wade was a landmark decision by the Supreme Court that granted women the constitutional right to an abortion in all 50 states, with some limitations. It was in practice for 50 years before being overturned in 2022.

The new administration is working to change many previously established reproductive rights, and many women from states with restrictions on abortion are unable to access the care that they need.

Reproductiverights.org gave resources to women seeking coverage to obtain an abortion, birth control or preventative care, such as tests and screenings.

Websites such as planc.org and youalwayshaveoptions.com provide guides and resources on how to access abortion care if a state has anti-abortion laws.

More locally, California State University of Northridge (CSUN) has centers and resources dedicated to providing not only information about reproductive rights, emergency contraception, condoms and menstrual products.

Although the Women's Research and Resource Center (WRRC) has been operating for over 50 years, Student Director Corron Popick says it is not being utilized due to a lack of information provided to students.

"It has a really strong history, but it's not being used because no one knows about it," said Popick. "So I was really passionate about getting the word out about this place existing and how much we do help our students."

The WRRC offers menstrual products, such as discs, period underwear, pads and tampons, a food pantry and access to

outside resources that may be useful to students.

"We very much cater to all genders equally, even though we are 'women' focused. We focus on menstrual equity as one of our really big things," said Popick.

The WRRC also provides information on the differences between local pregnancy clinics and crisis pregnancy centers (CPCs), which are created with the intention of preventing abortions by delaying their services or misleading the people seeking them, according to the American Medical Association.

Several wellness vending machines are located in the Sol Center, the USU and student housing, which are also maintained by the WRRC and the Klotz Center. These machines sell products related to reproductive health, such as condoms, lube, emergency contraception and pregnancy tests.

Lactation rooms are also available on campus, providing breastfeeding mothers a safe, clean environment to pump privately.

According to Popick, the WRRC is among the many resources students may hear about during classes but do not receive enough information to access them effectively, which the center is looking to change.

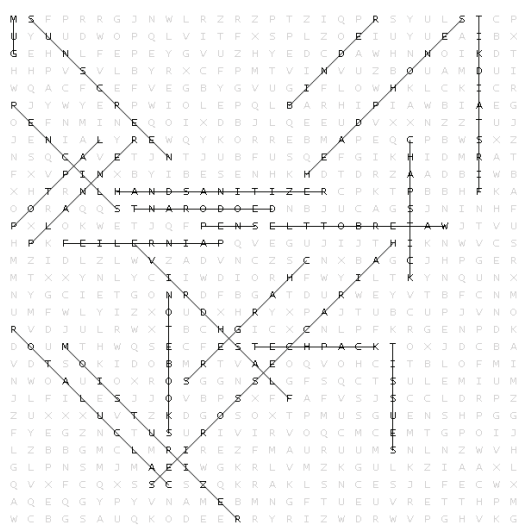
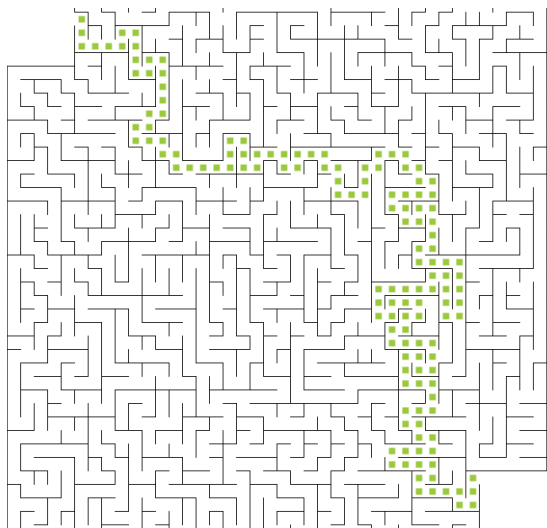
Popick also expressed fear for the future, especially with January being the anniversary of *Roe v. Wade*.

"To use the word 'scary' is so incredibly underplaying the issue," said Popick. "It's really frightening for the future of the country and the people living here because if we can't protect these rights that existed 50 years ago, how are we going to protect them now when we're in a much more advanced society?"

Aside from the WRRC, CSUN has the Klotz Center, the student health center on campus. The Klotz Center provides a variety of reproductive health services, such as sexual health exams, medical abortions, HIV testing and pregnancy counseling, which are available at reduced or zero cost to enrolled students.

For more information, visit the CSUN webpage or connect on Instagram at [@wrrc_csun](https://www.instagram.com/wrrc_csun) and [@csunstudenthealth](https://www.instagram.com/csunstudenthealth).

Puzzle Solutions (pg. 15)



Cantando

WRITTEN BY CLAIRE GERIAK AND JESSE ILLANES



© Aftermath/Interscope

Alright
Kendrick Lamar

From Lamar’s quintessential “To Pimp a Butterfly” album, “Alright” features lyrics about a person’s life caught up in constant strife but in the end “we gon’ be alright.” With lyrics from Lamar and production from Pharrell Williams & Sounwave, “Alright” is practically a modern-day, hymn-sounding song regarding heavy and real-world situations.



© Hydeout Productions

Luv (Sic.) Part 3
Nujabes ft. Shing02

The late Lofi hip-hop producer Nujabes mixed an orchestral jazz song featuring piano and violins with a hip-hop beat. Rapper Shing02 backs this with heart-breaking lyrics about failing to achieve true love multiple times, but “putting times in perspective” leads to a beautiful piece of music.



© 10 Good Songs

Nobody Loves You Like Your Mother
Theo Katzman

In the 2023 album “Be The Wheel” by Theo Katzman, the closing song, “Nobody Loves You Like Your Mother,” is a sentimental and moving song demonstrating the gift of motherly love. From cleverly crafted verses to the raw emotions of the recording, this composition provides a beautiful finish to the record.



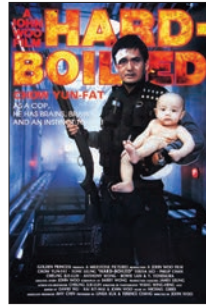
© Elektra/Asylum Records

Shadows and Light
Joni Mitchell

In the 2023 album “Be The Wheel” by Theo Katzman, the closing song, “Nobody Loves You Like Your Mother,” is a sentimental and moving song demonstrating the gift of motherly love. From cleverly crafted verses to the raw emotions of the recording, this composition provides a beautiful finish to the record.

Matador Marquee

WRITTEN BY CLAIRE GERIAK AND JESSE ILLANES



© Golden Princess Film Production Limited, Milestone Pictures

“Hard Boiled”

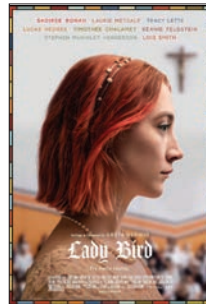
A “hard-boiled” police inspector seeks revenge after his partner gets killed in a shoot-out involving Triad gun smugglers. The story begins with Inspector “Tequila,” as the Triad gang attempts to rule Hong Kong’s underworld, while Tequila gets help from an undercover cop rising in the ranks of this ruthless gang.



© Golden Harvest Company

“Police Story”

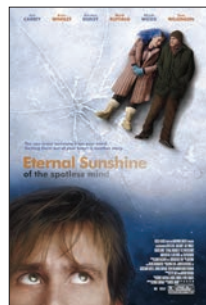
Sergeant Chan Ka-Kui leads an undercover sting operation to arrest a crime boss. The mission escalates into witness protection, high-speed car chases and a shocking frame-up that makes Ka-Kui appear guilty of murdering police officers. Comedy, action and thrills fill this film, all under the guise of Jackie Chan’s spectacular filmmaking.



© A24 / Universal Pictures

“Lady Bird”

Throughout Greta Gerwig’s 2017 film “Lady Bird,” Gerwig captures teenage moments from finding one’s identity to an important song with a significant memory. There are moments of continuous dialogue, then moments of prolonged silence. Gerwig’s choice to have the audience sit alongside these characters in intimate moments is compelling and moving.



© Universal Pictures

“Eternal Sunshine of the Spotless Mind”

The mixed distorted time and overwhelming emotions are just a few formative factors in Michel Gondry’s “Eternal Sunshine of the Spotless Mind.” It captures grief in a new unseen light and shows an intimate look inside Joel Barish, played by Jim Carrey, in a moving and emotional mastery. The film allows viewers to explore the imagery of altered perceptions of life, love and loss.

Matador History (Cont. from pg. 7)

want to be done with this season and feel like I left anything out. If I throw better, I throw better. If I don't, I don't. By the end of the season, I want to say I did everything I could," Knight said.

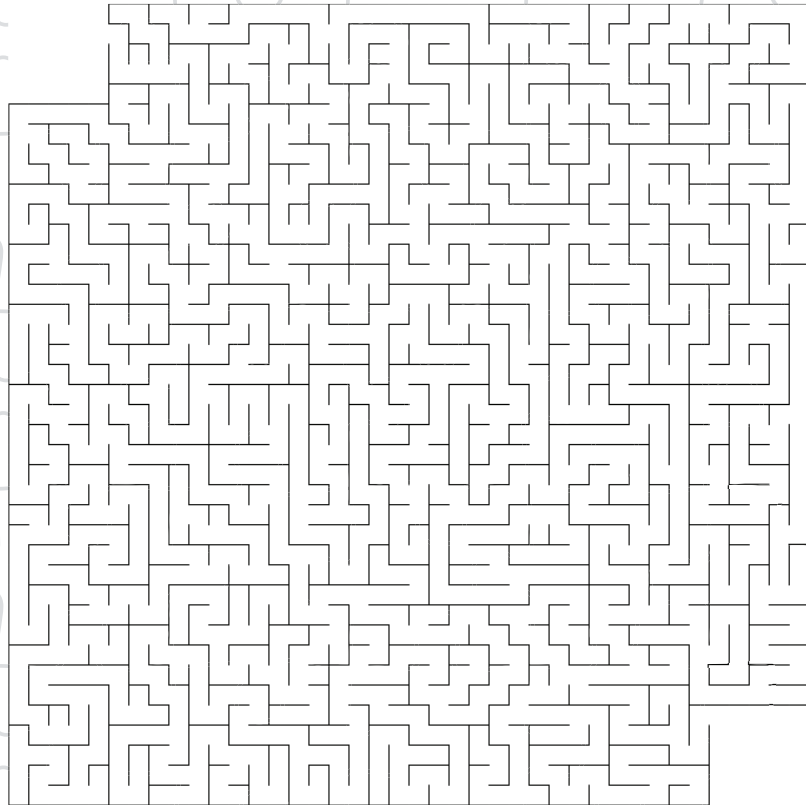
After college, Knight wants to continue training for an opportunity to become an Olympian in the 2028 Los Angeles Olympics.

"[I] for sure will train through 2028 for the LA Olympics, so that's the plan for now," Knight noted.

Wherever he goes, the uber-talented athlete will always be thankful to the university that brought the joy back into the sport he loves.

"I'm super grateful to be here [at CSUN]," Knight said. "I wouldn't be as good as I am now without CSUN."

Maze



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*Answers on pg. 13

M S F P R R G J N W L R Z R Z P T Z I Q P R S Y U L S T C P
 U Y U U D W O P Q L V I T F X S P L Z O E I U Y U E A I B X
 G E H N L F E P E Y G V U Z H Y E D C D A W H N N O I K D T
 H H P V S V L B Y R X C F P M T V I N V U Z B O U A M D U I
 W Q A C F C E F V E G B Y G V U G I F L O W H K L C K I C R
 P J Y W Y E R P W I O L E P Q L B A R H I P I A W B I A E G
 O E F N M I N E Q O I X D B J L Q E E U D V X X N Z Z T U J
 J E N I A L Y R E W Q Y K O R R E B M A P E Q C P B W S X Z
 N S Q C A V E T J N T J U B F U S Q E F G I K H I D M R A T
 F X V P I N X B Y I B E S E N H K H D T D R Z A A D B I W B
 X H T R N L H A N D S A N I T I Z E R C P K T P B B H F K A
 O O R A Q Q S T N A R O D O E D N B J U C A G S J N I N H F
 P X L O K W E T J Q F P E N S E L T T O B R E T A W J T V U
 H P K F E I L E R N I A P Q V E G U J I J T H I K N W V C S
 M Z I D L Z L W V Z A D V N C Z S C N X B A G C J H P G E R
 M T X X Y N L Y C I I W D I O R H F W Y I L T K Y N Q U N X
 N Y G C I E T G O N R D F B G A T D U R W E Y V T B F C N M
 U M F W L Y I Z X O U D X H R Y X P A J T U B C U P J V N O
 R V D J U L R W X T B C H G I C X C N L P F K R G E N P D K
 D O U M T H W Q S E C F E S T E C H P A C K T O X J D C B A
 V D T S O K I D O B M R T V A E O Q V O H C I T B L O F M I
 N W O A U I O X R O S G G N S L G F S Q C T S U L E M I U M
 J L F I L E S J J O V B P S X F F A F V S J S C C L D R P Z
 Z U X X U V T Z K D G O S O X T P M U S G U E N S H P G G
 F Y E G Z N C T U S U R I V I R V O Q C M C E M T G P O I J
 L Z B B G M C L M R I R E Z F M A U R U U M S N L N Z W V H
 G L P N S M J M A E I W G K R L V M Z K G U L K Z I A A X L
 Q V X F C Q X S S C S Z Q K R A K L S N C E S J L F E C W X
 A Q E Q G Y P Y V N A M E B M N G F T U E U V R E T T H P M
 W C B G S A U Q K O D E E R R Y R I Z W D R W V P G H V K G

Chewy Brown Butter Chocolate Chip Cookies



RECIPE BY ASHLEY SANCHEZ

PHOTOS COURTESY OF ADOBE STOCK ANNA MASLENNIKOVA

1. Brown the butter over medium heat in a small saucepan, stirring constantly until the butter begins to foam and turns a golden brown, emitting a nutty aroma. Make sure you only brown the butter lightly. When butter browns, the liquid evaporates, which can dry out your dough. As soon as the butter starts to turn brown and smell nutty, take it off the heat to prevent any more liquid from escaping. Take the butter off the heat and allow to cool for 30 minutes to an hour.

2. In a large mixing bowl, combine the cooled brown butter, brown sugar, and white sugar. Beat until mixed together. This can take about 3-5 minutes before it's fully combined. Add in the eggs and vanilla extract. Mix well.

3. In a separate bowl, mix together the flour, salt and baking soda. Incorporate the dry ingredients slowly. Incorporate your dry ingredients little by little until your dough comes together. Fold in the chocolate. If you want a chocolatey cookie, use 2 cups of semi-sweet chocolate chips. Optional: if you don't have a big sweet tooth, use 1 ½ of semi-sweet chocolate chips. Do not over-mix.

4. Refrigerate the cookie dough for at least 30 minutes to an hour. This will prevent the cookies from spreading too much when they are baking in the oven.

5. When you are ready to bake the cookies, preheat the oven to 375°F and line a cookie sheet with parchment paper. Use a 1.5 or 2 ounce cookie scoop to scoop the cookie dough out into balls, placing them 2 inches apart on the prepared sheet. Bake for 12 minutes, or until the edges are just golden brown and the centers have puffed up but are still gooey.

6. Allow the cookie to cool in the pan when you take it out of the oven.



Prep Time | 10 Mins

Cook Time | 12 Mins

Chill Time | 1HR

Ingredients

- 1 ¼ cup of unsalted butter
- ¾ cup of granulated sugar
- 1 cup of brown sugar packed
- 2 room temperature eggs
- 1 ½ teaspoon vanilla extract
- 2 ¾ cup of all-purpose flour
- 2 teaspoons baking soda
- ½ teaspoon salt
- 1 ½ - 2 cups semi-sweet chocolate chips

Brown Butter

- Start by melting your butter over medium heat in a small saucepan
- Whisk the butter constantly as it melts to ensure it's evenly heated. As it melts, the butter will start to foam. This is the sweet point between boiling the butter (NOT what you want) and not hot enough.
- Keep a close eye on the butter. I mean it—DO NOT WALK AWAY. As it transitions from its usual yellow color to a deeper golden hue and at last, to a beautiful light golden brown. You'll know it's done by the smell: a toasted, nutty, intoxicating scent. It can very quickly go from this light brown to burnt, so make sure you take it off the heat as soon as it makes the turn.
- Take it off the heat and transfer it to a bowl to allow it to cool before using it in your recipe.

Horoscopes

WRITTEN BY ALYSSA ALVAREZ

ILLUSTRATED BY MALIAHGUIYA SOURGOSE & TANIA HUERTA



Aquarius (Jan. 20-Feb. 18)

Strawberry Cheesecake:

Aquarius is innovative, focused and always trying to improve. They always think outside the box. Like cheesecake, they're complex but sweet and comforting.



Pisces (Feb. 19-Mar. 20)

Pumpkin Pie:

With a variety of spices and deeply flavorful, pumpkin pie mirrors Pisces. Kind-hearted, empathetic and emotionally deep, Pisces brings the most comfort to those around them.



Aries (Mar. 21-April 19)

Neapolitan Ice Cream:

Aries are young-at-heart, creative, enjoy attention and never want to be limited to one taste, making Neapolitan ice cream the perfect representation of them.



Taurus (April 20-May 20)

Glazed Donut:

As homebodies who prefer comfort, hate big life changes and typically keep the same style, the classic and simple glazed donut is perfect for Taurus.



Gemini (May 21-June 21)

S'mores:

Gemini is adventurous, often enjoying outings and time in nature. They value closeness to friends and family. The warmth of a s'more is what resembles Gemini most.



Cancer (June 22-July 22)

Homemade Cookies:

Fresh homemade cookies bring a sense of comfort, warmth and nostalgia, just like Cancer. Cancer resembles home as a sanctuary and is always there for others in times of need.



Leo (July 23-Aug. 22)

Banana Split Sundae:

This classic dessert, with its mix of flavors and variety of toppings, represents Leo's aesthetic sensibility and social personality.



Virgo (Aug. 23-Sept. 22)

Pizookie

Virgos are all-in people who fully commit themselves—the pizza cookie with ice cream on top matches Virgo's creativity and enjoyment of new experiences.



Libra (Sept. 23-Oct. 23)

Chocolate-Covered Strawberries:

Heart-shaped and dipped in chocolate, this dessert fits Libra's sweet affection and attentiveness for their friends, family and partners. Their every text is basically a love letter.



Scorpio (Oct. 24- Nov. 21)

Red Velvet Cupcake:

The eye-catching red cocoa of this classic treat measures up to Scorpio's timeless elegance and mysteriousness.



Sagittarius (Nov. 22-Dec. 21)

Ice Cream Cone:

Optimistic and idealistic, Sagittarius enjoys hands-on experiences. To balance ice cream on a cone represents playfulness, fitting Sagittarius.



Capricorn (Dec. 22-Jan. 19)

Tiramisu:

Considering the ingredients and preparation, tiramisu is ambitious, like Capricorn. The flavor combination of coffee, mascarpone and cocoa resembles their sophistication and need for refinement.



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FEATURED EVENTS



VRC: Vet Talk

Tuesday, Feb. 25: Noon – 1:30 p.m.
 📍 Veterans Resource Center



DREAM Center: CADAA/FAFSA Workshop

Thursday, Feb. 27: 12:30 – 1:30 p.m.
 📍 DREAM Center



Pride Center: Deaf Queer Coffee Nights

Thursday, Feb. 27: 4 – 6 p.m.
 📍 Pride Center

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Games Room Tournaments

Stay up-to-date with our exciting and competitive tournaments throughout the semester.
 (discord.com/invite/MEG&Abs)



SRC: Intramural Sports

Enjoy friendly competition this semester with Intramural Sports at the SRC! Contact Intramurals via email at srcintramurals@csun.edu for more information.



SRC: Boxing Training Program

Learn basic boxing techniques and skills with the supervision and guidance of our in-house Boxing Fitness Assistants. More at csun.edu/src/boxing.



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